



Kempinski
Seychelles Resort

BAIE LAZARE



Activity SCHEDULE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|---|--|--|---|---|
| 08h00 – 09h00 | 08h00 – 09h00 | 08h00 – 09h00 | 08h00 – 09h00 | 08h00 – 09h00 | 08h00 – 09h00 | |
| Stretching on the Hill (SCR 300 p.p.) Kids Club | Yoga On The Hill (SCR 300 p.p.) Kids Club | Pilates On The Hill (SCR 300 p.p.) Kids Club | Stretching On The Hill (SCR 300 p.p.) Kids Club | Yoga On The Hill (SCR 300 p.p.) Kids Club | Pilates On The Hill (SCR 300 p.p.) Kids Club | |
| 10h00 – 11h30 | 10h00 – 11h30 | 10h00 – 11h30 | 10h00 – 11h30 | 10h00 – 11h30 | 10h00 – 11h30 | 11h00 – 11h40 |
| Picault Mini-Golf Tournament Putting Green | Basic Self-Defense (Part 1) Gym | Picault Mini-Golf Tournament Putting Green | Basic Self-Defense (Part 2) Gym | Build Your Abs Gym | Giant Tortoise Feeding Beach Pavilion | Beach Zumba Wedding Pavilion |
| 12h00 – 13h00 | 12h00 – 13h00 | 12h00 – 13h00 | 12h00 – 13h00 | 12h00 – 13h00 | 12h00 – 13h00 | 12h00 – 13h00 |
| Aqua Gym Swimming Pool | Water Polo Swimming Pool | Aqua Gym Swimming Pool | Water Polo Swimming Pool | Aqua Gym Swimming Pool | Water Polo Swimming Pool | Aqua Gym or Water Polo Swimming Pool |
| 14h00 – 15h00 | 14h00 – 15h00 | 14h00 – 15h00 | 14h00 – 15h00 | 14h00 – 15h00 | 14h00 – 15h00 | 14h00 – 15h00 |
| Cross Cardio Session Gym | Cross Cardio and Abs Session Gym | Full Body Workout Gym | Cross Cardio Session Gym | Cross Cardio and Abs Session Gym | Complete Body Relaxation Gym | Fitness Session Gym |
| 15h30 – 16h30 | 15h30 – 16h30 | 15h30 – 16h30 | 15h30 – 16h30 | 15h30 – 16h30 | 15h30 – 16h30 | |
| Giant Tortoise Feeding Beach Pavilion | Coconut Show Main Beach | Petanque on the Beach Main Beach | Sesel Traditional Dance Beach Pavilion | Petanque on the Beach Main Beach | Sesel Traditional Dance Beach Pavilion | |
| 17h00 – 18h15 | 17h00 – 18h15 | 17h00 – 18h15 | 17h00 – 18h15 | 17h00 – 18h15 | 17h00 – 18h15 | 17h00 – 18h15 |
| Beach Volleyball Volleyball Court | Kempinski Champions League Soccer Beach Pavilion | Beach Volleyball Volleyball Court | Kempinski Champions League Soccer Beach Pavilion | Beach Volleyball Volleyball Court | Beach Volleyball or Soccer Beach Pavilion | Beach Volleyball or Soccer Beach Pavilion |

For more information, please dial 0 from your hotel phone. Outdoor activities are subject to favourable weather conditions.