



SAMPLE OF BEST OF MALDIVES 7 NIGHTS ITINERARY

Saturday

- 10:00 Meeting at the airport and transfer to main vessel
- 10:45 Welcome aboard
- 10:50 Registration and cabin allocation
- 13:00 Lunch Buffet
- 17:00 Spa opens for info and reservations
- 18:00 Crew introduction and safety meeting with Cruise Manager
- 19:00 Welcome Dinner at Al Fresco Restaurant
- 20:00 Boat sails towards Coco Palm Bodu Hithi Resort area in North Male Atoll
- 22:30 Anchoring

Sunday

- 05:45 Sunrise Pranayama Yoga Breathing Session
- 06:15 Morning test dive at Boduhithi Thila
- 07:00 Yoga Classe
- 08:00–09:30 Breakfast
- 09:00 Spa opens for treatments
- 10:30 Second dive at Boduhithi Manta Point 12:15 Boat sails towards Rasdhoo Atoll
- 13:00 Lunch Buffet
- 15:30 Third Dive at Rasdhoo Madivaru Channel
- 15:30–18:00 Snorkeling, water sports and beach visit at Madivaru Finolhu
- 19:00 'Sunday Roast' Dinner at Al Fresco Restaurant



Monday

- 05:45 Morning dive at Kuramathi Kandu with hammerheads
- 07:00 Yoga Classes
- 08:00–09:30 Breakfast
- 09:00 Spa opens for treatments
- 10:00–13:00 Snorkeling, water sports and beach visit at picnic island
- 10:30 Second dive at Rasdhoo Madivaru
- 13:00 Lunch Buffet
- 17:30 Sunset Salutation Yoga at Forecaster Area
- 18:00 Night Dive at Maaya Thila
- 19:00 'Surf and Turf' Dinner

Tuesday

- 05:45 Sunrise Pranayama Yoga Breathing Session
- 06:30 Morning dive at Fish Head with sharks
- 07:00 Beach Yoga Classes at Meerufenfushi Island
- 08:00–09:30 Breakfast
- 09:00 Spa opens for treatments
- 10:30 Second dive at Moofushi Manta Point
- 13:00 Lunch Buffet
- 14:30 Third dive at Bulhalhohi Caves
- 18:30 Moonlight BBQ at sandy beach
- 21:30 Boat sails towards Dhigurah Area in South Ari
- 23:45 Anchoring



Wednesday

07:00 Yoga Classes

08:00-09:30 Breakfast

09:00 Spa opens for treatments

09:15-12:45 First whale shark research trip, snorkeling and diving

13:00 American BBQ Lunch Buffet

14:30-17:45 Second whale shark research trip, snorkeling and diving

19:00 'Mexican Fiesta' Dinner at Al Fresco Restaurant

20:30 Lecture presentation by Maldives Whale Shark Research Programme at Spa Deck

Thursday

05:45 Sunrise Pranayama Yoga Breathing Session

06:30 First dive at Kudhima Wreck

07:00 Yoga Classes

08:00-09:30 Breakfast

09:00 Spa opens for treatments

10:30 Second dive at Broken Rock

12:30 Boat sails towards Alimatha area in Vaavu Atoll

13:00 Tapas Lunch at Al Fresco Restaurant

17:00 Snorkeling at sand bank

18:00 Night Dive at Alimatha House Reef with nurse sharks

19:00 Italian Fiesta Dinner at Al Fresco Restaurant

20:45 Starry Sky Movie Night at Sun Deck



Friday

- 05:45 Sunrise Pranayama Yoga Breathing Session
- 06:30 Morning Dive at Miyaru Kandu with sharks
- 07:00 Yoga Classes
- 08:00–09:30 Breakfast
- 08:30 Boat sails towards South Male Atoll
- 09:00 Spa opens for treatments
- 10:30 Second dive at Kandooma Thila
- 11:00 Snorkeling and beach visit at Sexy Beach
- 13:00 Buffet Lunch
- 14:00-15:00 Local Island Maafushi trip and shopping
- 15:00 Third dive at Kuda Giri wreck
- 16:45 Boat sails towards Kurumba near Male
- 18:00 Sunset Cocktail
- 19:00 Farewell Pan-Asian Dinner at Al Fresco Restaurant

Saturday

- 06:30–08:30 Breakfast
- 07:00 First transfer to Velana International Airport
- 07:00–08:30 Check-out and bills with Cruise Manager
- 08:45 Last Transfer to Velana International Airport

The itinerary is subject to change, depending on weather conditions, season or circumstances

Floating Resort by

SCUBASPA
MALDIVES



BEST OF MALDIVES 7 NIGHTS ITINERARY MAP

